



## Trip 2019 Packing List

### **Rolling Suitcase: you are allowed 1 suitcase.**

- Clothes for 4 days
- Comfortable walking shoes that are warm, closed toed shoes (could be walking in rain);
- Cosmetics
- Ladies: sanitary supplies
- Gentlemen: shaving kit
- Underwear and socks for 4 days
- Pajamas
- Shampoo/conditioner/lotion
- Soap
- Deodorant
- Camera and appropriate charger/storage
- Alarm clock
- Umbrella/rain gear
- Toothbrush/toothpaste

### **Carry-on Bag**

- Cash/ATM card/Credit Card
- Jacket
- Camera
- Headphones/ear plugs
- Personal medications
- Brush/comb
- Wallet/purse
- Glasses/contacts (cases too)

**Leave at home:** un-necessary electronic items; dental headgear, expensive jewelry, textbooks/homework, bad attitudes, non-essential musical instruments, more than one carry-on bag

*Remember: if you loose it, we won't have the time to find it.*